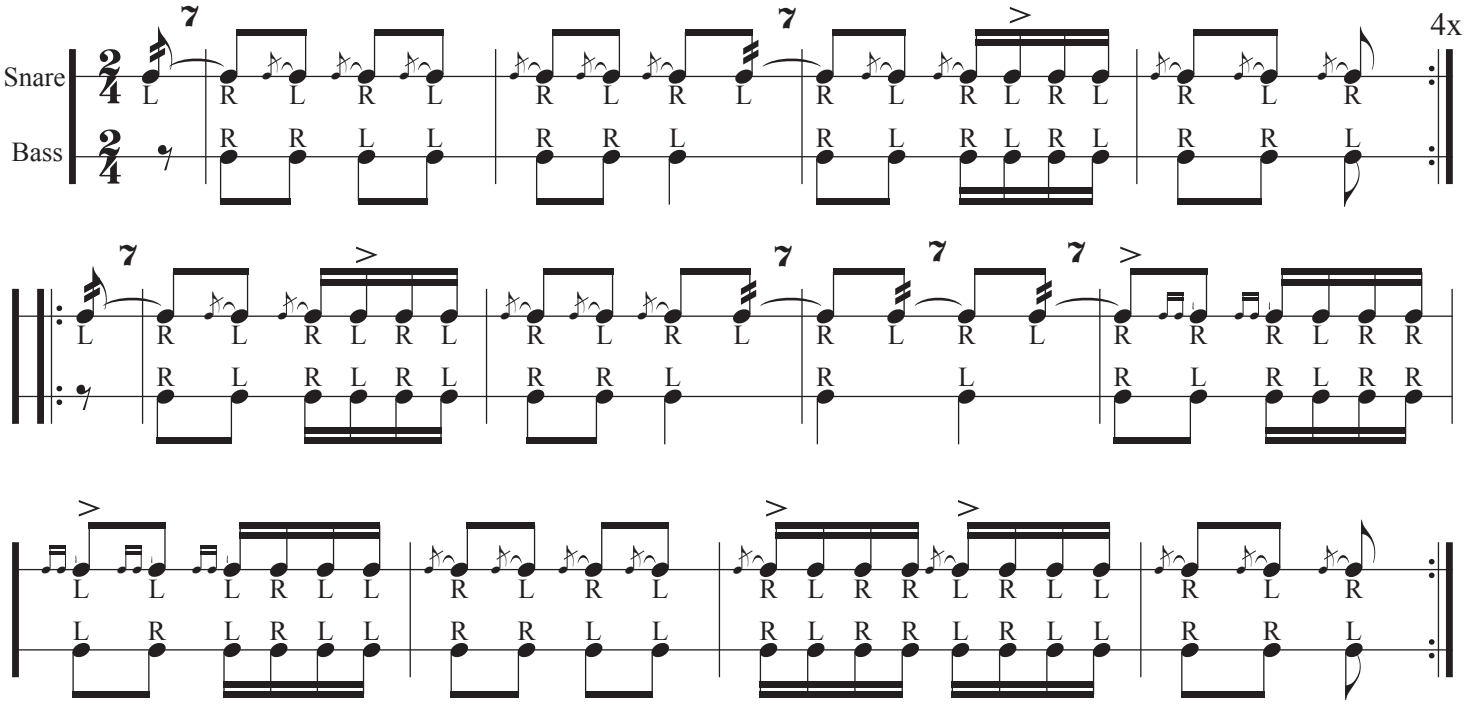Frog In The Well